Legionary Soldier

The Roman legions were a well-trained, disciplined professional army. They were very effective fighters.

To be a Roman legionary soldier you had to already be a citizen of the Roman Empire. You would also have had to be very fit; legionary soldiers could march 20 miles a day carrying heavy equipment and then build a camp for the night. They would train with weapons that were heavier than the ones they would take into battle so that they could build their strength and stamina.

Colour in this legionary and design a shield of your own.